

## LITE BITES

**Soup of the Day**  
with a warm Roll & Butter £3.95

**Coarse Ardennes Pâté**  
Served with toast points & garnish £4.50

**Pan fried local made Hogs Pudding** with  
Garlic & Mushrooms served on baked  
Maize bread £4.75

**Cornish Arms Chips**  
Chips topped with chopped ham, red onions  
Cheese and sweet chilli sauce £3.95

**Chips** £1.95

## MAIN COURSES

**Home baked Ham, Eggs & Chips** £7.75

**The Cornish Arms All Day Brunch**  
(Bacon, Sausages, Hogs Pudding, Egg,  
Mushrooms, Hash Browns, Baked beans,  
Tomato & fried Bread £7.50

**Home made Beer Battered Cod fillet**  
Crisp homemade ale batter served with  
Chips & peas or mushy peas £7.50

**Grilled 10 oz Gammon Steak**  
Served with fresh pineapple or eggs £7.95

**Breaded Scampi Tartare**  
Served with chips and peas £8.50

**Butterfly Chicken & smoked Bacon Melt**  
Chicken breast, smoky bacon and cheese £7.95

**Char Grilled 100% Double Beef Burger** £7.75  
Topped with grilled Bacon & cheese

[ALL MAIN COURSES SERVED WITH EITHER  
CHIPS, JACKET POTATO, PEAS OR SALAD](#)

## JACKET POTATOES

All served with a mixed salad and dressing

**Prawns, Peppers & Sweet Chilli Sauce** £6.75  
**Tuna & Sweetcorn** £5.95

**Bacon, Mushroom & BBQ sauce** £6.50  
**Baked Beans or Coleslaw** £5.75

**Cheese** £5.75  
**Prawns with Marie-Rose Sauce** £6.50  
**Gammon Ham & Pineapple** £6.25

## PLOUGHMANS

**Fishermans**  
Smoked mackerel & prawns

**Frenchmans**  
Ardennes Pate & Brie

**Cornishmans**  
Hogs pudding & Hand-cut Ham

**Traditional**  
Thick chunks of Cheddar

All served with crusty bread, pickled onions,  
Chutney, salad garnish

**All priced at £6.95**  
**VEGETARIAN OPTIONS AVAILABLE**  
**PLEASE ASK**

## **SPECIALS OF THE DAY**

Please see specials board

## PANINIS

Served with salad garnish and crisps

### **Cheese & Gammon Ham**

### **Bacon & Brie**

**Char grilled Vegetables with  
Cornish Goats' Cheese & spicy  
Vegetable chutney**

**Chicken, Red Onion, Cheese  
& sweet Chilli Sauce**

**Old Smokey**  
Chicken, bacon, cheese & BBQ sauce

**Tuna, Sweetcorn & Cheese**

**Bacon, Banana & Cheese**

**Sausage, Cheese & Spicy Vegetable  
Chutney**

**Bacon, Stilton & Mushroom**

**Bacon, tomato and cheese**

### **All Panini's £5.50**

(add a portion of chips for only £1.00 extra)

## SANDWICHES

Available on White or Brown Bread served with  
salad garnish

**Gammon Ham** £4.25  
**Cheese & Pickle** £3.95  
**Tuna Mayonnaise** £4.25  
**Bacon** £4.25  
**Sausage** £4.25  
**Bacon & Egg** £4.50

**Prawn Marie-Rose** £4.75  
**Bacon & Mushroom** £4.25  
Available in a warm baguette for extra 75p

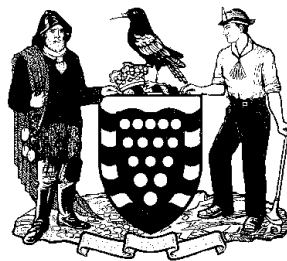
To avoid disappointment please make a table reservation on 01872 863445

## The Cornish Arms Frogpool

01872 863445



### LUNCH MENU



#### PLEASE NOTE:

Meals may take longer during busy times as everything is cooked to order. If you are in a rush please mention this to the staff when placing your order and we will do our best to accommodate your request

### SWEETS

PLEASE CHECK OUR SWEET BOARD FOR SWEETS OF THE DAY

#### COFFEES ALL AT £1.95

Cappuccino	
Café Lungo	
Latte Macchiato	
Chococino	
Plain Black or White	£1.50
Decaffeinated	
Pot of Tea (per person)	£1.50

#### LIQUER COFFEE £3.95

### TRADITIONAL SUNDAY LUNCH

#### MAIN COURSE

With choice of meats £8.50

& SWEET £10.50

Vegetarian option available - please ask the Waitress (pre-order if possible)

#### FOOD AVAILABLE

Monday	-----
Tuesday	12-2.00 & 6-9
Wednesday	12-2.00 & 6-9
Thursday	12-2.00& 6-9
Friday	12-2.00& 6-9
Saturday	12-2.00 & 6-9
Sunday	12-2.00 & 6-8.00

We also cater for birthdays, weddings, special occasions and meetings.

**Special menus can be arranged, please speak to Tim or Jane to discuss your requirements**

*If you enjoyed your meal please tell others, if for some reason it did not meet your expectations please tell us.*

#### What's on at the Cornish Arms, Frogpool

Monday	BINGO - 8pm start Euchre Drive - 8pm start
Tuesday	Free Pool Table
Wednesday	Normal menu
Thursday	Special - Curry & drink Only £7.95
Friday	Special - Fish, Chips & Mushy peas Eat in £6.75 Takeaway £5.50
Saturday	Normal menu
Sunday	Traditional Sunday Lunch