

Frogpool, Cornwall
TR4 8RP
01872 863445
info@cornisharmsfrogpool.com



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GF: Gluten Free, **VG:** Vegetarian, **VE:** Vegan

If you have any allergies or special dietary requirements please talk to a member of staff

Starters

Breaded Garlic Mushrooms £6.95

Served with a choice of garlic or blue cheese dip. **VG**

Crispy Coated Chicken Wings £7.25

Whitebait £6.95

Served with tartare sauce.

Classic Prawn Cocktail £8.50

Served with mixed leaves, Marie Rose sauce and brown bread.

Halloumi Fries £7.25

Served with a sweet chilli dip. **VG**

Salt and Pepper Squid £7.95

Served with a lemon mayo dip.

Burgers

"Arms" Burger £14.50

Double 4oz beef burger topped with bacon, cheese and mushrooms.

Served with chips, salad, onion rings and coleslaw.

Southern Fried Chicken Burger £13.95

Coated chicken breast with lettuce, tomato and mayo.

Served with chips, salad, onion rings and coleslaw.

Cornish Arms Garden Burger £12.95

6oz vegetable patty with salsa, lettuce and tomato.

Served with chips, salad, onion rings and coleslaw. **VG, VE**

Hawaiian Burger £15.50

Chicken breast topped with pineapple, cheese and BBQ sauce.

Served with chips, salad, onion rings and coleslaw.

Brunch Burger £15.95

4oz beef burger topped with bacon, mushrooms, hash brown, fried egg and cheese.

Served with chips, salad, onion rings and coleslaw.

Sharers

Camembert £9.95

Slow cooked garlic studded camembert. Served with toasted ciabatta bread. **VG**

Nachos £8.95

Served with salsa, guacamole, soured cream, jalapeños and melted cheese. **VG**

From the Grill

Horseshoe Gammon Steak £14.25

10oz Cornish horseshoe gammon steak served with chips, peas and eggs, pineapple or both. **GF**

Mixed Grill £25.95

Rump steak, pork steak, gammon, lamb chop, sausage & hogs pudding topped with a fried egg.

10oz Rump Steak £17.25

8oz Sirloin Steak £19.95

8oz Ribeye Steak £18.95

12oz T-bone Steak £23.95

All steaks cooked to your liking. Served with chips, peas, mushrooms, tomato and onion rings.

Add homemade peppercorn or Stilton sauce for £3.50.

Make it a surf and turf with garlic butter or beer battered king prawns for an extra £4.50.

Pub Pies

All served with chips or mashed potato, peas and gravy.
£16.25

Steak & Kidney Suet Pudding

Chicken, Gammon & Leek

Venison & Bacon

Minty Lamb

Steak, Mushroom & Ale

Butternut Squash & Mixed Bean **VE**

From the Sea

Fish, Chips & Peas £14.95

Beer battered fillet of cod served with chips and a choice of garden or mushy peas. **GF option available**

Scampi, Chips & Peas £14.95

Breaded scampi served with chips and a choice of garden or mushy peas.

Seafood Basket £15.25

Salt and pepper squid pieces, squid rings, butterfly prawns and cod goujons. Served with chips, salad and coleslaw.

Baked Cod & King Prawn Mornay £15.50

Baked fillet of cod and king prawns in a Mornay sauce. Served with chips and peas. **GF**

Pauline's Fish Pie £15.95

Available Thursday - Saturday

Chunks of cod, smoked haddock, salmon and king prawns in a creamy cheese sauce and hard boiled egg all topped with mashed potato, cheese and tomato.

Panko Prawns £15.25

Prawns coated in panko breadcrumbs. Served with chips, salad and coleslaw.

Sides

Portion of Chips £4.25

GF, VG

Cheesy Chips £4.95

GF, VG

12 Onion Rings £3.75

VG

Baked Garlic Ciabatta £4.25

VG

Add cheese for 70p

Side Salad £3.95

GF, VG, VE

Homemade Coleslaw £3.25

VG

Cornish Arms Classics

Ham, Egg & Chips £12.95

GF

BBQ Chicken Melt £14.95

Butterflied chicken breast topped with bacon, cheese and BBQ sauce. Served with chips and peas. **GF**

Homemade Lasagne £13.75

Meat or Mediterranean vegetable (**VG**) lasagne. Served with chips, salad, coleslaw and a baked garlic ciabatta.

Chef's Curry of the Day £13.25

Served with rice, chips or half 'n' half, poppadoms, naan and mango chutney.

Chicken Michelle £14.95

Breast of chicken in a bacon, garlic, cheese and mushroom sauce. Served with chips and peas. **GF**

Pork Loin Steak £14.50

Pork loin steak in a wholegrain mustard and mushroom sauce. Served with chips and peas. **GF**

Confit Duck Leg

1 leg £16.50, 2 legs 18.95

Served in a plum sauce with crispy potato pieces and peas.

Children's Meals

All served with chips, peas or beans and include 1 scoop of chocolate, vanilla or strawberry ice cream and a fruit shoot. £9.25

Sausages

Cod Goujons

Chicken Dippers

4oz Cheeseburger

Homemade Meat or Veggie Lasagne

Coffee, Specials & Desserts of the Day

Desserts of the Day and coffee available please ask a member of staff.

Specials of the Day available please see our specials board.

All our meals are cooked to order and so there may be a longer wait for food during busy times.

With all of our main meals the chips can be replaced with jacket potato and peas replaced with salad.

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